

Green bean casserole: The worst dish on the menu

By: Scarlett LaBuda, Assistant and Sports Editor

As the holiday season approaches there are many things I look forward to. Including, seeing my friends who are home from school, giving gifts to the people I love, seeing those side character family members that only appear on the holidays, but most importantly I look forward to all of the delicious food we have restricted to our "Holiday Menu".

Except for the true enemy on that list, green bean casserole.

I will argue that green bean casserole is the absolute worst dish someone can bring to the holiday dinner. I have never had a green bean casserole that truly makes me enjoy it. In my life I have had at least a dozen different green bean casseroles, each with many variations, and not a single one has made it tolerable for me.

Now, I know there are some more undesirable dishes at the holiday dinners, and the argument can be made that some of them are not the best. There is a lot that can be said on why green bean casserole is the absolute worst.

Sweet potatoes in any variation? They have the opportunity to be good, but they simply are not great. Your aunt's homemade stuffing she spends three days making? She is probably exaggerating, and it is good because of the love and effort put forth, but it still is not great. That questionable carrot and jello dish that you still make simply because it was always on the table growing up? You know it is only there for show and you only take some to reminisce and be polite.

But green bean casserole? I am convinced people only say they like it to fit in.

I am sure there is someone in this country that you think makes it best. They may even use green beans they grew themselves and fresh cream, but it will never be the dish that is the make it or break it of holiday dinners. The make it or break it dish of the holiday menu is without a doubt mac and cheese, but this is not about what the best dish is.

I am a firm believer that you do not, under any circumstances, experiment on holidays. You have every other day of the year to try to tweak a recipe or try something new, but the holidays are blacked-out from the possibility of experimenting. So as this holiday season approaches, I know that green bean casserole will be on the table. I know that my face will fill with disgust as I watch my sisters scoop heaps of it on their plates. I also know that it will permanently be the worst dish on the holiday dinner menu.

Happy holidays everyone, I hope you are safe from green bean casserole being on the menu this year.